Policy Name
Implementation of the smoke-free policy at Al-Mamoun University

Policy Information	
Issue Date	2023
Revision Date	July, 2024
Evaluation Frequency	Yearly
Level of Confidentiality	Public
Policy Approval Date	December 30, 2024

Policy Statement

Introduction:
In an effort to promote a healthier and safer environment for all students, faculty, and staff, Al-Mamoon University has implemented a comprehensive smoke-free policy across its entire campus. This initiative aims to reduce health risks associated with smoking and exposure to secondhand smoke.

Policy Overview:
The smoke-free policy prohibits the use of all tobacco products, including cigarettes, e-cigarettes, and shisha, within all indoor and outdoor areas of the university campus. This includes classrooms, offices, libraries, cafeterias, dormitories, parking lots, and open spaces.

Implementation Steps:

1. **Awareness Campaign:** The university launched an awareness campaign before the policy took effect. This included posters, emails, and seminars explaining the risks of smoking and the benefits of a smoke-free environment.
2. **Signage:** Clear "No Smoking" signs were placed throughout the campus to remind everyone of the new regulations.
3. **Support Programs:** To assist smokers in quitting, the university offered counseling services and smoking cessation programs.
4. **Enforcement:** Staff and security personnel were trained to enforce the policy respectfully and consistently, ensuring compliance without confrontation.

Outcomes:
Since the implementation of the smoke-free policy, Al-Mamoon University has observed a significant improvement in campus air quality. Reports of smoking-related complaints

have decreased, and many students have taken advantage of cessation support programs. The overall campus environment feels healthier and more welcoming.

Challenges:
Some challenges included initial resistance from a small number of smokers and the need for continuous monitoring. However, ongoing education and consistent enforcement have helped address these issues.

Conclusion:
The smoke-free policy at Al-Mamoon University is a positive step towards fostering a healthier campus community. Continued efforts to support non-smoking behaviors and raise awareness will contribute to long-term success.